



ACTIVITY CALENDAR

JANUARY 2019

SERENE ADINATH

Timing	Sun	Mon	Tue	Wed	Thu	Fri	Sat
7:00 am to 8:00 am Stretching			1 ● ●	2 ●	3 ● ●	4 ● ●	5 ●
4:00 pm to 5:00 pm Gita Discourse	6	7	8 ● ●	9 ●	10 ● ● ●	11 ● ●	12 ●
4:45 pm to 6:00 pm Sai Bhajan		● ●	● ●	● ●	● ● ●	● ●	●
4:45 pm to 6:00 pm Vishnu Sahasranamam	13 ●	14 ● ● ● ●	15 ● ● ●	16 ● ●	17 ● ●	18 ● ●	19 ●
4:45 pm to 6:00 pm Lalitha Sahasranamam	20	21 ● ●	22 ● ●	23 ● ●	24 ● ●	25 ● ●	26 ●
4:00 pm to 7:00 pm Pongal Celebrations	27	28 ● ●	29 ● ●	30 ● ●	31 ● ●		



Birthdays

DATE	NAME	UNIT
10th	RAMADORAI	F2-305
15th	SHANTHA	D-201